



**Saturday October 3rd from
10 AM until 2 PM**

Downtown Parking Lot on Water St.
(across from Good Samaritan and Munsey Church)

Free GIFT to the first 100 participants

Contact Jennifer at 423-791-0232 for more information.

What's in your medicine cabinet?

Pain killers? Nerve pills? Sleeping pills? Anti-depressants? Stimulants? Heart medications? Antibiotics?

Please bring your unused, unwanted and/or expired medications to this secure drop site. All medications will be properly disposed of by the Johnson City Police Dept.

- Pharmacy professionals will be available to answer questions about your medications.
- Information will be provided about how to properly monitor and secure current medications.
- **ALSO**, gather any unused/unwanted toiletries OR bring nonperishable food items. These items will be shared with local community organizations.

Bring the medications (in their original containers if possible) in a paper or plastic bag. Mark out or remove any personal information on the container if you wish or markers will be available on site. Follow drop-off instructions at the site.

Keeping expired, unused or unwanted medications in your home can be dangerous.

Why: Many people keep medications "just in case" they need them again. They forget they have them or they don't know what to do with them.

Dangers include:

- **Drug interactions with new medications:** If you take a previously prescribed medication without your doctor's approval or consulting a pharmacist, you may cause a potentially life threatening reaction with your new medications.
- **Theft, misuse, or abuse:** *Partnership for a Drug Free America:* Over 3 out of 5 teens say prescription pain relievers are easy to get from parents' medicine cabinets. 1 out of 5 twelve-year-olds have taken prescription medications to get high.¹
- **Flushing or throwing away medications is environmentally irresponsible.**^{2 3}
- **Time and storage conditions can change a medication's effectiveness.**
- **Sharing medication, even if the prescription is the same, is against the law.**



¹ http://www.drugfree.org/portal/drugissue/features/Generation_Rx_Study_Confirms_Abuse_of_Prescription

² <http://arthritis.about.com/od/arthritismedications/ht/disposemeds.htm>

³ <http://www.ecocycle.org/askeco-cycle/20040123.cfm>