

SBIRT 101

Screening * Brief Intervention * Referral to Treatment

Presenter: Sheila Nickell

- I. Definition of SBIRT
- II. Goals of SBIRT
- III. Screening Tools
 - A. Pre-screen
 - B. AUDIT
 - C. DAST
- IV. Motivational Interviewing with SBIRT
- V. MI Strategic Goals and Style
- VI. Brief Negotiated Interview
 - A. Build Rapport
 - B. Discuss pros and cons of usage
 - C. Provide feedback
 - D. Build readiness to change
 - E. Negotiate a plan for change
- VII. Brief Intervention Sessions (1-5)
- VIII. Brief Intervention Sessions (6-12)